

How do LGBTQ+ Teens Build Positive Relationships with their LDS Parents?

How teens contributed to development of a positive relationships:

Having authentic and meaningful conversation



- Having open conversations with parents
- Going to parents for advice

Fostering family connections

- Spending time with parents
- Showing affection
- Valuing family



Engaging in positive casual communication



- Having Conversations about interests
- Joking with parents

Giving parents time and grace

- Giving parents time
- Grace towards mistakes



Being open about LGBTQ+ identity

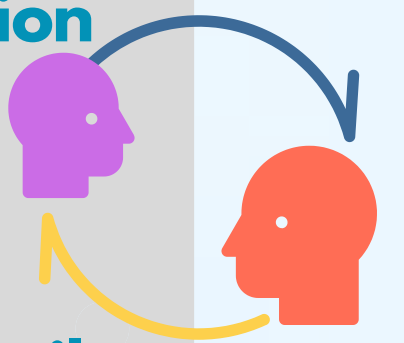


- Disclosing LGBTQ+ identity
- Talking about LGBTQ+ related things
- Talking about conflict between religious and LGBTQ+ identity
- Educating parents

Actions that posed a challenge to development of positive relationships:

Communication & connection challenges

- Lacking open communication
- Anxiety around conversations impedes communication
- Not spending time with family



Normative developmental challenges

- Typical teenage challenges
- Mental health challenges
- Difference in religious beliefs or engagement
- Differences in sexual standards



Avoiding LGBTQ+ & religious topics

- Not disclosing LGBTQ+ identity
- Not talking about religion
- Expectations of discrimination prevent open identity



The results are based off of 38 interviews with LGBTQ+ teens and their LDS parents done by researchers at Utah State University. For questions or comments please contact Tyler Lefevor at tyler.lefevor@usu.edu